



Trofeo delle 7 Contrade - 1 settembre 2019

Pos	Pett	Cog	Nome	Naz.	Sex	Pos Sex.	Cat	Pos Cat.	Società	Tempo	Distacco in tempo	Distacco in metri	Min/Km	Km/h
1	49	BIAGIONI	ALESSIO	it	M	1	D	0	A.S.D. PIANO MA ARRIVIAMO	00:42:04	00:00:00	0	00:03:34	16.830
2	52	MINICI	GIUSEPPE	it	M	2	D	0	A.S.D. PIANO MA ARRIVIAMO	00:42:34	00:00:30	138	00:03:36	16.633
3	255	CAPOCCIOLI	MARCO	it	M	3	A	0	#ILOVERUN ATHLETIC TERNI	00:44:08	00:02:04	552	00:03:44	16.042
4	257	CRESTA	TOMMASO	it	M	4	A	1	TERNI TRIATHLON A.S.D.	00:44:21	00:02:17	607	00:03:46	15.964
5	239	ANTONUCCI	LUIGI	it	M	5	A	2	ZOMBIES RUNNERS ASD	00:44:35	00:02:31	666	00:03:47	15.880
6	86	MARTELLETTI	STEFANO	it	M	6	B	1	ALTO LAZIO A.S.D.	00:45:00	00:02:56	769	00:03:49	15.733
7	222	MARCONI	SIMONE	it	M	7	B	2	POLISPORTIVA MONTALTO	00:45:41	00:03:37	934	00:03:52	15.498
8	277	TITOMANLIO	ANDREA	it	M	8	B	3	A.S.D. AT RUNNING	00:45:45	00:03:41	950	00:03:53	15.475
9	293	FARAONI	CLAUDIO	it	M	9	H	1	ATL. DI MARCO SPORT	00:45:51	00:03:47	973	00:03:53	15.442
10	36	PANUNZI	FLORIANO	it	M	10	D	1	A.S.D. G.P. MONTI DELLA TOLFA L'AIRONE	00:45:55	00:03:51	989	00:03:54	15.419
11	179	LOMBARDI	FRANCO	it	M	11	F	1	POLISPORTIVA FULGUR TUSCANIA	00:46:06	00:04:02	1.032	00:03:54	15.358
12	160	D'ERRIGO	MAURO	it	M	12	F	2	PODISTICA SOLIDARIETA	00:46:22	00:04:18	1.094	00:03:56	15.270
13	218	ROFENA	ANDREA	it	M	13	C	1	A.S.D. VITERBO RUNNERS	00:46:24	00:04:20	1.102	00:03:56	15.259
14	215	ADAMINI	MARCO	it	M	14	C	2	A.S.D. VITERBO RUNNERS	00:46:33	00:04:29	1.136	00:03:57	15.210
15	88	OTTAVIANELLI	ODDO	it	M	15	D	2	ALTO LAZIO A.S.D.	00:46:40	00:04:36	1.163	00:03:57	15.171
16	196	SALVI	GUIDO	it	M	16	E	1	RUNNERS CANINO ASD	00:46:57	00:04:53	1.227	00:03:59	15.080
17	81	GELANGA	STEFANO	it	M	17	E	2	ALTO LAZIO A.S.D.	00:47:07	00:05:03	1.264	00:04:00	15.027
18	182	CESETTI	DAVID	it	M	18	E	3	RUNCARD	00:47:15	00:05:11	1.294	00:04:00	14.984
19	243	CAPPELLI	ANDREA	it	M	19	F	3	U.S. ROMA 83	00:47:18	00:05:14	1.305	00:04:01	14.968
20	284	CHIERUZZI	LEONARDO	it	M	20	B	4	A.S.D. ATHLETIC LAB AMELIA	00:47:27	00:05:23	1.338	00:04:01	14.921
21	153	SPIRITI	CLAUDIO	it	M	21	D	3	PODISTICA CORCHIANO 2014	00:47:37	00:05:33	1.375	00:04:02	14.869
22	192	COLUCCI	DANIELE	it	M	22	D	4	RUNNERS CANINO ASD	00:47:46	00:05:42	1.408	00:04:03	14.822
23	269	FUNARI	GIUSEPPE	it	M	23	D	5	A.S.D. G.P. MONTI DELLA TOLFA L'AIRONE	00:47:55	00:05:51	1.440	00:04:04	14.776
24	237	TIBO	DANIELE	it	M	24	C	3	POLISPORTIVA MONTALTO	00:47:55	00:05:51	1.440	00:04:04	14.776
25	202	RENZI	MARSILIO	it	M	25	D	6	S.S. LAZIO ATLETICA LEGGERA	00:47:59	00:05:55	1.455	00:04:04	14.755
26	51	IOSSA	DANIELE	it	M	26	D	7	A.S.D. PIANO MA ARRIVIAMO	00:48:02	00:05:58	1.465	00:04:04	14.740
27	21	FERRAMONDO	MAURO	it	M	27	B	5	A.S.D. ATLETICA ORTE	00:48:11	00:06:07	1.497	00:04:05	14.694
28	56	VALERI	LUCIANO	it	M	28	H	2	A.S.D. PODISTICA VEIO	00:48:20	00:06:16	1.529	00:04:06	14.648
29	82	GIOVANNINI	DANIELE	it	M	29	D	8	ALTO LAZIO A.S.D.	00:48:26	00:06:22	1.551	00:04:06	14.618
30	91	TOSTI	EUGENIO	it	M	30	A	3	ALTO LAZIO A.S.D.	00:48:33	00:06:29	1.575	00:04:07	14.583
31	169	PATTA	PAOLA	it	F	1	Q	0	PODISTICA SOLIDARIETA	00:48:34	00:06:30	1.579	00:04:07	14.578
32	156	CASTELLUCCIO	PINO	it	M	31	E	4	PODISTICA SOLIDARIETA	00:48:37	00:06:33	1.589	00:04:07	14.563
33	267	MENICHETTI	SERGIO	it	M	32	F	4	A.S.D. ATHLETIC LAB AMELIA	00:48:42	00:06:38	1.607	00:04:08	14.538
34	197	SILVESTRI	ANDREA	it	M	33	C	4	RUNNERS CANINO ASD	00:48:46	00:06:42	1.621	00:04:08	14.518
35	30	BALLARINI	ANDREA	it	M	34	E	5	A.S.D. G.P. MONTI DELLA TOLFA LAIRONE	00:48:49	00:06:45	1.631	00:04:08	14.503



Trofeo delle 7 Contrade - 1 settembre 2019

Pos	Pett	Cog	Nome	Naz.	Sex	Pos Sex.	Cat	Pos Cat.	Società	Tempo	Distacco in tempo	Distacco in metri	Min/Km	Km/h
36	242	MOLLI	MARIANO	it	M	35	G	1	CORSA DEI SANTI	00:48:52	00:06:48	1.642	00:04:09	14.488
37	290	URBANI	LUCA	it	M	36	C	5	ASS.ATL.LIBERTAS ORVIETO	00:49:02	00:06:58	1.676	00:04:09	14.439
38	266	LAZZERINI	GIANFRANCO	it	M	37	E	6	FILIPPIDE RUNNERS TEAM ASD	00:49:06	00:07:02	1.690	00:04:10	14.420
39	89	PIERALISI	MASSIMILIANO	it	M	38	F	5	ALTO LAZIO A.S.D.	00:49:11	00:07:07	1.707	00:04:10	14.395
40	178	VENTURA	ALESSANDRO	it	M	39	E	7	PODISTICA SOLIDARIETA	00:49:17	00:07:13	1.727	00:04:11	14.366
41	256	PICCINI	RICCARDO	it	M	40	B	6	#ILOVERUN ATHLETIC TERNI	00:49:30	00:07:26	1.771	00:04:12	14.303
42	201	MANCUSO	FABIO	it	M	41	D	9	S.S. LAZIO ATLETICA LEGGERA	00:49:47	00:07:43	1.829	00:04:13	14.222
43	58	CAVALLUCCI	MARCO	it	M	42	F	6	A.S.D. RUNNERS SAN GEMINI	00:49:51	00:07:47	1.842	00:04:14	14.203
44	60	FRASCA	STEFANO	it	M	43	E	8	A.S.D. RUNNERS SAN GEMINI	00:49:52	00:07:48	1.845	00:04:14	14.198
45	33	GORI	GIANLUCA	it	M	44	E	9	A.S.D. G.P. MONTI DELLA TOLFA LAIRONE	00:49:55	00:07:51	1.855	00:04:14	14.184
46	34	LAMA	SAVINO	it	M	45	F	7	A.S.D. G.P. MONTI DELLA TOLFA LAIRONE	00:50:02	00:07:58	1.878	00:04:14	14.151
47	137	SANTUCCI	MARCO	it	M	46	F	8	LBM SPORT TEAM	00:50:09	00:08:05	1.901	00:04:15	14.118
48	35	NATALI	GIULIANO	it	M	47	D	10	A.S.D. G.P. MONTI DELLA TOLFA LAIRONE	00:50:12	00:08:08	1.911	00:04:15	14.104
49	164	LIVI	FEDERICA	it	F	2	M	0	PODISTICA SOLIDARIETA	00:50:28	00:08:24	1.964	00:04:17	14.029
50	129	SOMMA	FILIPPO	it	M	48	D	11	GRAGNANO IN CORSA	00:50:35	00:08:31	1.986	00:04:17	13.997
51	282	FIORAVANTI	CARLO	it	M	49	G	2	ASD BOLSENA FORUM SPORT	00:50:41	00:08:37	2.006	00:04:18	13.969
52	14	RUGGIERO	MARCO	it	M	50	E	10	A.S.D. AT RUNNING	00:50:42	00:08:38	2.009	00:04:18	13.965
53	80	BECCHELLI	DANIELE	it	M	51	A	4	ALTO LAZIO A.S.D.	00:50:45	00:08:41	2.018	00:04:18	13.951
54	198	CONCETTONI	FRANCESCO	it	M	52	E	11	S.E.F. STAMURA ANCONA A.S.D.	00:51:27	00:09:23	2.152	00:04:22	13.761
55	40	CITTI	UMBERTO	it	M	53	G	3	A.S.D. LIBERI PODISTI	00:51:36	00:09:32	2.180	00:04:22	13.721
56	9	TIRATTERA	ANTONIO	it	M	54	F	9	A.S.D. AT RUNNING	00:51:39	00:09:35	2.189	00:04:23	13.708
57	194	PISCIOTTANO	ROSSANO	it	M	55	E	12	RUNNERS CANINO ASD	00:51:45	00:09:41	2.207	00:04:23	13.681
58	171	PRETOLANI	LUCA	it	M	56	G	4	PODISTICA SOLIDARIETA	00:51:51	00:09:47	2.226	00:04:24	13.655
59	214	TOFONE	SIMONE	it	M	57	B	7	A.S.D. ATHLETIC LAB AMELIA	00:51:52	00:09:48	2.229	00:04:24	13.650
60	221	ADAMINI	GIUSEPPE	it	M	58	G	5	POLISPORTIVA MONTALTO	00:51:56	00:09:52	2.241	00:04:24	13.633
61	270	SQUADRANI	MAURIZIO	it	M	59	D	12	ATLETICA FIANO ROMANO	00:51:59	00:09:55	2.251	00:04:24	13.620
62	120	MECHELLI	ALESSIO	it	M	60	D	13	ATLETICA FIANO ROMANO	00:51:59	00:09:55	2.251	00:04:24	13.620
63	225	CIPOLLONI	LUCA	it	M	61	E	13	POLISPORTIVA MONTALTO	00:52:06	00:10:02	2.272	00:04:25	13.589
64	283	PASTORE	FLAVIO	it	M	62	C	6	#ILOVERUN ATHLETIC TERNI	00:52:09	00:10:05	2.281	00:04:25	13.576
65	42	MONTECOLLE	DARIO	it	M	63	F	10	A.S.D. LIBERI PODISTI	00:52:13	00:10:09	2.293	00:04:26	13.559
66	175	SCAMARCIO	MARIANO	it	M	64	G	6	PODISTICA SOLIDARIETA	00:52:17	00:10:13	2.305	00:04:26	13.542
67	244	ACCIARI	CLAUDIO	it	M	65	I	1	PODISTICA ROCCA DI PAPA	00:52:20	00:10:16	2.314	00:04:26	13.529
68	24	MUTI	MASSIMILIANO	it	M	66	F	11	A.S.D. ATLETICA TREVÌ	00:52:22	00:10:18	2.320	00:04:26	13.520
69	15	SCOSCIA	FEDERICO	it	M	67	F	12	A.S.D. AT RUNNING	00:52:30	00:10:26	2.345	00:04:27	13.486
70	23	ZUCCHELLI	ALESSANDRO	it	M	68	E	14	A.S.D. ATLETICA ORTE	00:52:32	00:10:28	2.351	00:04:27	13.477



Trofeo delle 7 Contrade - 1 settembre 2019

Pos	Pett	Cog	Nome	Naz.	Sex	Pos Sex.	Cat	Pos Cat.	Società	Tempo	Distacco in tempo	Distacco in metri	Min/Km	Km/h
71	87	OLIVIERI	ALESSIO	it	M	69	D	14	ALTO LAZIO A.S.D.	00:52:49	00:10:45	2.401	00:04:29	13.405
72	27	CORNACCHIOLA	GIANCARLO	it	M	70	F	13	A.S.D. CITTADUCALE RUNNERS CLUB	00:52:57	00:10:53	2.425	00:04:29	13.371
73	106	DI STEFANO	FEDERICO	it	M	71	D	15	ASD ATLETICA SANTA MARINELLA	00:53:05	00:11:01	2.448	00:04:30	13.338
74	273	BIANCONI	MARCO	it	M	72	F	14	A.S.D. ATLETICA ORTE	00:53:11	00:11:07	2.466	00:04:30	13.312
75	250	PACETTI	PIERO	it	M	73	F	15	#ILOVERUN ATHLETIC TERNI	00:53:27	00:11:23	2.513	00:04:32	13.246
76	177	TADDEI	MARCO	it	M	74	F	16	PODISTICA SOLIDARIETA	00:53:30	00:11:26	2.521	00:04:32	13.234
77	12	IMPENNA	ANDREA	it	M	75	D	16	A.S.D. AT RUNNING	00:53:31	00:11:27	2.524	00:04:32	13.230
78	232	BARBERINI	PIETRO	it	M	76	G	7	POLISPORTIVA MONTALTO	00:53:40	00:11:36	2.550	00:04:33	13.193
79	213	CHIERUZZI	SANDRO	it	M	77	H	3	A.S.D. ATHLETIC LAB AMELIA	00:53:44	00:11:40	2.562	00:04:33	13.176
80	148	MORETTI	ANDREA	it	M	78	E	15	PODISTICA CORCHIANO 2014	00:53:45	00:11:41	2.564	00:04:33	13.172
81	11	BELLIONI	MARIO	it	M	79	F	17	A.S.D. AT RUNNING	00:53:46	00:11:42	2.567	00:04:33	13.168
82	3	MOMOT	MICHAEL RYSZARD	it	M	80	C	7	#ILOVERUN ATHLETIC TERNI	00:53:50	00:11:46	2.579	00:04:34	13.152
83	6	MARIGLIANI	STEFANO	it	M	81	B	8	LIBERO	00:54:00	00:11:56	2.607	00:04:35	13.111
84	159	DE CARO	ANTONIO	it	M	82	E	16	PODISTICA SOLIDARIETA'	00:54:03	00:11:59	2.616	00:04:35	13.099
85	200	GIOVAGNOLI	VALERIO	it	M	83	F	18	S.S. LAZIO ATLETICA LEGGERA	00:54:04	00:12:00	2.618	00:04:35	13.095
86	22	MAZZOTTA	ALFREDO	it	M	84	C	8	A.S.D. ATLETICA ORTE	00:54:07	00:12:03	2.627	00:04:35	13.083
87	79	ARSENTI	GUIDO	it	M	85	F	19	ALTO LAZIO A.S.D.	00:54:11	00:12:07	2.638	00:04:36	13.067
88	18	CARLINI	FRANCESCO	it	M	86	B	9	A.S.D. ATLETICA ORTE	00:54:15	00:12:11	2.650	00:04:36	13.051
89	99	PAOLANTONI	ELISA	it	F	3	O	0	AMATORI PODISTICA TERNI	00:54:16	00:12:12	2.652	00:04:36	13.047
90	265	CARDARELLI	FEDERICO	it	M	87	E	17	FILIPPIDE RUNNERS TEAM ASD	00:54:20	00:12:16	2.664	00:04:36	13.031
91	183	COLLETTI	VINCENZO	it	M	88	F	20	RUNCARD	00:54:20	00:12:16	2.664	00:04:36	13.031
92	112	ZANONI	MARCO	it	M	89	C	9	ASS.ATL.LIBERTAS ORVIETO	00:54:30	00:12:26	2.691	00:04:37	12.991
93	140	CORTESE	ANTONIO	it	M	90	H	4	PODISTICA CIAMPINO	00:54:41	00:12:37	2.722	00:04:38	12.947
94	199	BOSCHETTI	MAURO	it	M	91	F	21	S.S. LAZIO ATLETICA LEGGERA	00:54:43	00:12:39	2.728	00:04:38	12.939
95	64	ZUCCACCI	VALENTINA	it	F	4	Q	1	A.S.D. RUNNERS SAN GEMINI	00:54:48	00:12:44	2.741	00:04:39	12.920
96	249	TRUCCHIA	STEFANO	it	M	92	H	5	A.S. ATL. ROCCA DI PAPA	00:54:49	00:12:45	2.744	00:04:39	12.916
97	141	PENTANGELO	MARIO	it	M	93	L	1	PODISTICA CIAMPINO	00:54:55	00:12:51	2.761	00:04:39	12.892
98	263	TASCHINI	GIANPAOLO	it	M	94	E	18	A.S.D. AT RUNNING	00:55:02	00:12:58	2.780	00:04:40	12.865
99	285	SBARRINI	MARCO	it	M	95	F	22	ASD BOLSENA FORUM SPORT	00:55:04	00:13:00	2.785	00:04:40	12.857
100	44	RAMELLA	ETTORE	it	M	96	H	6	A.S.D. LIBERI PODISTI	00:55:10	00:13:06	2.802	00:04:41	12.834
101	248	ZUPPANTE	PIETRO	it	M	97	A	5	ATLETICO CASAL MONASTERO	00:55:10	00:13:06	2.802	00:04:41	12.834
102	26	ADAMI	MASSIMO	it	M	98	F	23	A.S.D. CITTADUCALE RUNNERS CLUB	00:55:11	00:13:07	2.804	00:04:41	12.830
103	212	BERNI	ROSA	it	F	5	S	1	UISP COMITATO TERR.LE VITERBO	00:55:14	00:13:10	2.812	00:04:41	12.818
104	193	MEASSI	GIANPIERO	it	M	99	F	24	RUNNERS CANINO ASD	00:55:15	00:13:11	2.815	00:04:41	12.815
105	231	MANINI	FRANCESCO	it	M	100	D	17	POLISPORTIVA MONTALTO	00:55:27	00:13:23	2.848	00:04:42	12.768



Trofeo delle 7 Contrade - 1 settembre 2019

Pos	Pett	Cog	Nome	Naz.	Sex	Pos Sex.	Cat	Pos Cat.	Società	Tempo	Distacco in tempo	Distacco in metri	Min/Km	Km/h
106	166	PANARIELLO	PIERLUIGI	it	M	101	G	8	PODISTICA SOLIDARIETA	00:55:31	00:13:27	2.858	00:04:42	12.753
107	59	DE STEFANIS	ALESSANDRO	it	M	102	F	25	A.S.D. RUNNERS SAN GEMINI	00:55:35	00:13:31	2.869	00:04:43	12.738
108	117	PICCHI	SIMONE	it	M	103	E	19	ATL. MONTE MARIO	00:55:39	00:13:35	2.880	00:04:43	12.722
109	286	TOMBOLINI	MAURIZIO	it	M	104	G	9	ALTO LAZIO A.S.D.	00:55:46	00:13:42	2.898	00:04:44	12.696
110	57	ALOISI	ANDREA	it	M	105	E	20	A.S.D. RUNNERS SAN GEMINI	00:55:48	00:13:44	2.904	00:04:44	12.688
111	234	MATTUCILLI	ALESSANDRO	it	M	106	E	21	POLISPORTIVA MONTALTO	00:55:48	00:13:44	2.904	00:04:44	12.688
112	90	SANTINI	MONICA	it	F	6	Q	2	ALTO LAZIO A.S.D.	00:55:55	00:13:51	2.922	00:04:44	12.662
113	219	SACCO	GIANFRANCO	it	M	107	G	10	A.S.D. VITERBO RUNNERS	00:56:00	00:13:56	2.935	00:04:45	12.643
114	132	FELICI	DIMITRI	it	M	108	C	10	LBM SPORT TEAM	00:56:02	00:13:58	2.941	00:04:45	12.635
115	95	ASTOLFI	ALESSANDRO	it	M	109	D	18	AMATORI PODISTICA TERNI	00:56:05	00:14:01	2.949	00:04:45	12.624
116	10	VIGIANI	ANDREA	it	M	110	F	26	A.S.D. AT RUNNING	00:56:06	00:14:02	2.951	00:04:45	12.620
117	236	PETRINO	LUIGI	it	M	111	H	7	POLISPORTIVA MONTALTO	00:56:12	00:14:08	2.967	00:04:46	12.598
118	62	PETRUCCI	MAURIZIO	it	M	112	E	22	A.S.D. RUNNERS SAN GEMINI	00:56:18	00:14:14	2.983	00:04:46	12.576
119	258	ARNAUD	VIRGINIA	it	F	7	O	1	A.S.D. ATLETICA NEPI	00:56:19	00:14:15	2.985	00:04:46	12.572
120	100	PINELLI	ENRICO	it	M	113	G	11	AMATORI PODISTICA TERNI	00:56:21	00:14:17	2.991	00:04:47	12.564
121	20	FELICI	ROBERTO	it	M	114	I	2	A.S.D. ATLETICA ORTE	00:56:28	00:14:24	3.009	00:04:47	12.538
122	127	CASTELLANA	LEONE	it	M	115	I	3	G.S. BANCARI ROMANI	00:56:32	00:14:28	3.019	00:04:48	12.524
123	172	RODOLICO	MASSIMO	it	M	116	F	27	PODISTICA SOLIDARIETA	00:56:56	00:14:52	3.081	00:04:50	12.436
124	134	LONGO	PIETRO MARIA	it	M	117	H	8	LBM SPORT TEAM	00:56:59	00:14:55	3.088	00:04:50	12.425
125	77	ALTIGERI	MASSIMO	it	M	118	G	12	ALTO LAZIO A.S.D.	00:57:01	00:14:57	3.094	00:04:50	12.417
126	85	MALATESTA	UMBERTO	it	M	119	I	4	ALTO LAZIO A.S.D.	00:57:08	00:15:04	3.111	00:04:51	12.392
127	190	BORGOGNONI	MARCO	it	M	120	D	19	RUNNERS CANINO ASD	00:57:17	00:15:13	3.134	00:04:51	12.360
128	195	ROGO	ALESSANDRO	it	M	121	F	28	RUNNERS CANINO ASD	00:57:18	00:15:14	3.137	00:04:51	12.356
129	262	CAPORALE	GIORGIO	it	M	122	D	20	RUNCARD	00:57:20	00:15:16	3.142	00:04:52	12.349
130	181	ELVIRETTI	GIUSEPPE	it	M	123	G	13	PUROSANGUE ATHLETICS CLUB	00:57:22	00:15:18	3.147	00:04:52	12.342
131	69	GAMBITTA	ANTONIO	it	M	124	G	14	A.S.D. VILLA DE SANCTIS	00:57:23	00:15:19	3.149	00:04:52	12.338
132	45	RAVONI	ANTONIO	it	M	125	G	15	A.S.D. LIBERI PODISTI	00:57:26	00:15:22	3.157	00:04:52	12.327
133	167	PANCOTTO	ALESSANDRO	it	M	126	D	21	PODISTICA SOLIDARIETA	00:57:27	00:15:23	3.159	00:04:52	12.324
134	78	ANETRINI	ALESSANDRA	it	F	8	O	2	ALTO LAZIO A.S.D.	00:57:29	00:15:25	3.164	00:04:52	12.317
135	168	PAONE	GIANNI	it	M	127	I	5	PODISTICA SOLIDARIETA	00:57:30	00:15:26	3.167	00:04:52	12.313
136	83	GRILLI	MARCO	it	M	128	D	22	ALTO LAZIO A.S.D.	00:57:44	00:15:40	3.202	00:04:54	12.263
137	151	PLACIDI	ATTILIO	it	M	129	B	10	PODISTICA CORCHIANO 2014	00:57:45	00:15:41	3.204	00:04:54	12.260
138	272	CECCARELLI	RITA	it	F	9	S	2	A.S.D. G.P. MONTI DELLA TOLFA L'AIRONE	00:57:48	00:15:44	3.211	00:04:54	12.249
139	191	CALAMITA	LUCIANO	it	M	130	E	23	RUNNERS CANINO ASD	00:57:48	00:15:44	3.211	00:04:54	12.249
140	147	MARINI	MARZIO	it	M	131	E	24	PODISTICA CORCHIANO 2014	00:58:04	00:16:00	3.251	00:04:55	12.193



Trofeo delle 7 Contrade - 1 settembre 2019

Pos	Pett	Cog	Nome	Naz.	Sex	Pos Sex.	Cat	Pos Cat.	Società	Tempo	Distacco in tempo	Distacco in metri	Min/Km	Km/h
141	295	SCONOCCHIA	ELISABETTA	it	F	10	P	1	LIBERO	00:58:11	00:16:07	3.268	00:04:56	12.168
142	131	LUZZI	CONCETTO	it	M	132	F	29	LAZIO RUNNERS TEAM A.S.D.	00:58:16	00:16:12	3.280	00:04:56	12.151
143	208	COCCIOLO	ISMAELE	it	M	133	E	25	TERNANA MARATHON CLUB A.S.D.	00:58:18	00:16:14	3.285	00:04:56	12.144
144	207	BIFOLCHETTI	ELENA	it	F	11	Q	3	TERNANA MARATHON CLUB A.S.D.	00:58:18	00:16:14	3.285	00:04:56	12.144
145	163	LIPPI	FRANCESCA	it	F	12	Q	4	PODISTICA SOLIDARIETA	00:58:21	00:16:17	3.292	00:04:57	12.134
146	241	CINQUEGRANA	ANDREA	it	M	134	G	16	TRACK AND FIELD	00:58:30	00:16:26	3.314	00:04:58	12.103
147	203	DI PAOLO	ALESSANDRO	it	M	135	E	26	SABINA MARATHON CLUB	00:58:33	00:16:29	3.322	00:04:58	12.092
148	123	PASQUINELLI	ALESSANDRO	it	M	136	E	27	ATLETICA MONTEFIASCONE A.S.D.	00:58:41	00:16:37	3.341	00:04:58	12.065
149	116	VALENTINI	MASSIMILIANO	it	M	137	F	30	ATL. DI MARCO SPORT	00:58:41	00:16:37	3.341	00:04:58	12.065
150	144	CIOCCOLINI	ALESSIO	it	M	138	C	11	PODISTICA CORCHIANO 2014	00:58:48	00:16:44	3.358	00:04:59	12.041
151	209	DEMMA	FRANCESCO	it	M	139	C	12	TERNI TRIATHLON A.S.D.	00:58:52	00:16:48	3.367	00:04:59	12.027
152	39	CEORNEI	ANA MARIA	it	F	13	O	3	A.S.D. LIBERI PODISTI	00:58:57	00:16:53	3.379	00:05:00	12.010
153	46	SMERA	SERGIO	it	M	140	E	28	A.S.D. LIBERI PODISTI	00:58:57	00:16:53	3.379	00:05:00	12.010
154	107	SAVERI	RAFFAELE	it	M	141	D	23	ASD BOLSENA FORUM SPORT	00:58:57	00:16:53	3.379	00:05:00	12.010
155	289	MINELLI	DAVID	it	M	142	D	24	A.S.D. BOLSENA FORUM-SPORT	00:58:58	00:16:54	3.381	00:05:00	12.007
156	122	KRUSZYNSKA	BOZENA ANNA	it	F	14	P	2	ATLETICA MONTEFIASCONE A.S.D.	00:59:18	00:17:14	3.429	00:05:02	11.939
157	47	NANIA	EDWIGE	it	F	15	P	3	A.S.D. PIANO MA ARRIVIAMO	00:59:42	00:17:38	3.485	00:05:04	11.859
158	73	PIGNATARO	WILLIAM	it	M	143	D	25	A.S.D. VILLA DE SANCTIS	00:59:45	00:17:41	3.492	00:05:04	11.849
159	16	TANTURLI	MARZIO	it	M	144	F	31	A.S.D. AT RUNNING	00:59:51	00:17:47	3.506	00:05:04	11.830
160	288	PITOLLI	CLAUDIO	it	M	145	H	9	A.S.D. RUNNING EVOLUTION	01:00:04	00:18:00	3.536	00:05:05	11.787
161	150	ORTENZI	ROBERTO	it	M	146	D	26	PODISTICA CORCHIANO 2014	01:00:17	00:18:13	3.565	00:05:07	11.745
162	84	MACCHIONI	EMANUELA	it	F	16	P	4	ALTO LAZIO A.S.D.	01:00:18	00:18:14	3.568	00:05:07	11.741
163	189	BENELLA	ROBERTO	it	M	147	E	29	RUNNERS CANINO ASD	01:00:19	00:18:15	3.570	00:05:07	11.738
164	133	IAGNITKAIA	ELINA	it	F	17	Q	5	LBM SPORT TEAM	01:00:25	00:18:21	3.583	00:05:07	11.719
165	205	BATTISTONI	ANDREA	it	M	148	E	30	TERNANA MARATHON CLUB A.S.D.	01:00:27	00:18:23	3.588	00:05:07	11.712
166	92	VETTORI	MARCO	it	M	149	G	17	ALTO LAZIO A.S.D.	01:00:32	00:18:28	3.599	00:05:08	11.696
167	173	SALOMONE	SIMONETTA	it	F	18	R	1	PODISTICA SOLIDARIETA	01:00:38	00:18:34	3.613	00:05:08	11.677
168	220	SAI	PAOLO	it	M	150	F	32	PODISTICA SOLIDARIETA	01:00:48	00:18:44	3.635	00:05:09	11.645
169	223	BERSAGLIA	ANTONIO	it	M	151	E	31	POLISPORTIVA MONTALTO	01:00:57	00:18:53	3.655	00:05:10	11.616
170	271	BELARDINELLI	FRANCESCA	it	F	19	P	5	ATLETICA FIANO ROMANO	01:00:58	00:18:54	3.658	00:05:10	11.613
171	50	CINQUINA	GIOVANNI	it	M	152	E	32	A.S.D. PIANO MA ARRIVIAMO	01:01:08	00:19:04	3.680	00:05:11	11.581
172	68	FLESCA	GIOVANNI	it	M	153	F	33	A.S.D. VILLA DE SANCTIS	01:01:19	00:19:15	3.704	00:05:12	11.547
173	154	BIRIBANTI	MORENO	it	M	154	I	6	PODISTICA MYRICA ASS.CULT.AMB	01:01:23	00:19:19	3.713	00:05:12	11.534
174	233	MARTINI	MICHELA	it	F	20	Q	6	POLISPORTIVA MONTALTO	01:01:41	00:19:37	3.752	00:05:14	11.478
175	278	NATALINI	ALESSANDRO	it	M	155	F	34	ASD BOLSENA FORUM SPORT	01:01:42	00:19:38	3.754	00:05:14	11.475



Trofeo delle 7 Contrade - 1 settembre 2019

Pos	Pett	Cog	Nome	Naz.	Sex	Pos Sex.	Cat	Pos Cat.	Società	Tempo	Distacco in tempo	Distacco in metri	Min/Km	Km/h
176	130	DI GASPARE	MICHELE	it	M	156	F	35	LAZIO RUNNERS TEAM A.S.D.	01:01:49	00:19:45	3.770	00:05:14	11.453
177	247	ZUPPANTE	MARCO	it	M	157	G	18	ATLETICO CASAL MONASTERO	01:02:15	00:20:11	3.825	00:05:17	11.374
178	32	GARGIULLI	GIORGIA	it	F	21	N	1	A.S.D. G.P. MONTI DELLA TOLFA LAIRONE	01:02:20	00:20:16	3.836	00:05:17	11.358
179	37	TORRI	SERGIO	it	M	158	G	19	A.S.D. G.P. MONTI DELLA TOLFA LAIRONE	01:02:21	00:20:17	3.838	00:05:17	11.355
180	276	MASSULLO	CARLO	it	M	159	H	10	LIBERO	01:02:26	00:20:22	3.849	00:05:18	11.340
181	240	BICOCCHI	SILVIA	it	F	22	Q	7	TRACK AND FIELD	01:02:26	00:20:22	3.849	00:05:18	11.340
182	125	CAPITANI	ANDREA	it	M	160	F	36	FORUM SPORT CENTER SSD SRL	01:02:45	00:20:41	3.889	00:05:19	11.283
183	170	PEIFFER	DANIEL	it	M	161	H	11	PODISTICA SOLIDARIETA	01:02:47	00:20:43	3.893	00:05:19	11.277
184	114	MARZIALI	MARCO	it	M	162	E	33	ATL. DI MARCO SPORT	01:02:48	00:20:44	3.895	00:05:19	11.274
185	217	PETRICCA	MAURO	it	M	163	E	34	A.S.D. VITERBO RUNNERS	01:02:57	00:20:53	3.914	00:05:20	11.247
186	281	CIANCAGLIONI	AMEDEO	it	M	164	E	35	LIBERO	01:03:04	00:21:00	3.929	00:05:21	11.226
187	261	PROCACCI	ROBERTA	it	F	23	N	2	A.S.D. ATLETICA NEPI	01:03:14	00:21:10	3.949	00:05:22	11.197
188	174	SCAMARCIO	ALFONSO	it	M	165	H	12	PODISTICA SOLIDARIETA	01:03:18	00:21:14	3.958	00:05:22	11.185
189	230	MANCINELLI DEGLI ESPOSTI	LUCA	it	M	166	G	20	POLISPORTIVA MONTALTO	01:03:48	00:21:44	4.019	00:05:24	11.097
190	104	FRAU	RAIMONDO	it	M	167	E	36	AS TESPIENSE QUARTU	01:03:55	00:21:51	4.033	00:05:25	11.077
191	279	NATALINI	MASSIMO	it	M	168	E	37	ASD BOLSENA FORUM SPORT	01:04:01	00:21:57	4.045	00:05:26	11.060
192	145	LISI	AUGUSTO	it	M	169	F	37	PODISTICA CORCHIANO 2014	01:04:05	00:22:01	4.054	00:05:26	11.048
193	204	LUPI	GIAMPIERO	it	M	170	L	2	SABINA MARATHON CLUB	01:04:19	00:22:15	4.082	00:05:27	11.008
194	274	LALLINI	TIZIANA	it	F	24	Q	8	A.S.D. ATLETICA ORTE	01:04:25	00:22:21	4.094	00:05:28	10.991
195	75	SABATELLA	ADALBERTO	it	M	171	G	21	A.S.D. VILLA DE SANCTIS	01:04:25	00:22:21	4.094	00:05:28	10.991
196	128	PALMUCCI	RICCARDO	it	M	172	G	22	G.S. BANCARI ROMANI	01:04:29	00:22:25	4.102	00:05:28	10.980
197	180	CERA	LOREDANA	it	F	25	R	2	PUROSANGUE ATHLETICS CLUB	01:04:37	00:22:33	4.117	00:05:29	10.957
198	253	FELICI	ALDO	it	M	173	L	3	AVIS NARNI	01:04:41	00:22:37	4.125	00:05:29	10.946
199	108	SCIVOLA	MIRVA	it	F	26	P	6	ASD TTM TRAIL TEAM MAREMMA	01:04:46	00:22:42	4.135	00:05:29	10.932
200	63	ZERINI	ELISABETTA	it	F	27	O	4	A.S.D. RUNNERS SAN GEMINI	01:04:52	00:22:48	4.147	00:05:30	10.915
201	287	SCROCCA	ILARIO	it	M	174	G	23	FORUM SPORT CENTER SSD SRL	01:04:58	00:22:54	4.159	00:05:30	10.898
202	110	RAUCO	LORENZO	it	M	175	G	24	ASS.ATL.LIBERTAS ORVIETO	01:04:58	00:22:54	4.159	00:05:30	10.898
203	65	CIULLO	VALERIO	it	M	176	H	13	A.S.D. TIBUR ECOTRAIL	01:05:07	00:23:03	4.176	00:05:31	10.873
204	119	LEIDI	ADRIANO	it	M	177	L	4	ATLETICA ENI	01:05:16	00:23:12	4.194	00:05:32	10.848
205	4	GENTILESCHI	MARZIA	it	F	28	M	1	A.S.D. ATLETICA ORTE	01:05:17	00:23:13	4.196	00:05:32	10.845
206	126	QUONDAM GIOVENALE	PATRIZIA	it	F	29	R	3	FORUM SPORT CENTER SSD SRL	01:05:17	00:23:13	4.196	00:05:32	10.845
207	97	FOSSATELLI	ELISABETTA	it	F	30	U	1	AMATORI PODISTICA TERNI	01:05:25	00:23:21	4.211	00:05:33	10.823
208	67	DI PIETRA	DARIO	it	M	178	F	38	A.S.D. VILLA DE SANCTIS	01:05:44	00:23:40	4.248	00:05:34	10.771
209	176	SPURI	OMBRETTA	it	F	31	R	4	PODISTICA SOLIDARIETA	01:05:57	00:23:53	4.273	00:05:35	10.735
210	259	NADDEO	ANTONIO	it	M	179	L	5	ASD BOLSENA FORUM SPORT	01:06:23	00:24:19	4.322	00:05:38	10.665



Trofeo delle 7 Contrade - 1 settembre 2019

Pos	Pett	Cog	Nome	Naz.	Sex	Pos Sex.	Cat	Pos Cat.	Società	Tempo	Distacco in tempo	Distacco in metri	Min/Km	Km/h
211	43	NOBILI	NICOLETTA	it	F	32	R	5	A.S.D. LIBERI PODISTI	01:06:57	00:24:53	4.385	00:05:40	10.575
212	53	PIETRELLA	FRANCESCO	it	M	180	F	39	A.S.D. PIANO MA ARRIVIAMO	01:07:14	00:25:10	4.416	00:05:42	10.531
213	296	MUNGER	MARIE	it	F	33	O	5	PODISTICA MYRICAIE ASS.CULT.AMB	01:07:28	00:25:24	4.442	00:05:43	10.494
214	76	TAMMARO	GERARDO	it	M	181	E	38	A.S.D. VILLA DE SANCTIS	01:07:29	00:25:25	4.444	00:05:43	10.492
215	252	CELI	LUCA	it	M	182	F	40	AVIS NARNI	01:07:32	00:25:28	4.449	00:05:43	10.484
216	229	LAVECCHIA DI TOCCO	FRANCESCO	it	M	183	H	14	POLISPORTIVA MONTALTO	01:07:35	00:25:31	4.455	00:05:44	10.476
217	292	FUSCO	GIAMMARIO	it	M	184	I	7	A.S.D. RUNNERS RIETI TOUR	01:07:39	00:25:35	4.462	00:05:44	10.466
218	74	RASO	ANTONIO	it	M	185	I	8	A.S.D. VILLA DE SANCTIS	01:07:46	00:25:42	4.475	00:05:45	10.448
219	113	ORRU'	SIMONA	it	F	34	P	7	ATL. 90 TARQUINIA	01:07:53	00:25:49	4.487	00:05:45	10.430
220	226	CIPOLLONI	LUCIA	it	F	35	Q	9	POLISPORTIVA MONTALTO	01:08:06	00:26:02	4.510	00:05:46	10.397
221	70	HASSEMER	EUGENIO	it	M	186	G	25	A.S.D. VILLA DE SANCTIS	01:08:18	00:26:14	4.532	00:05:47	10.366
222	31	DI SABATINO	GIORGIO	it	M	187	E	39	A.S.D. G.P. MONTI DELLA TOLFA LAIRONE	01:08:19	00:26:15	4.534	00:05:47	10.364
223	111	SALVINI	PAOLA	it	F	36	N	3	ASS.ATL.LIBERTAS ORVIETO	01:09:19	00:27:15	4.638	00:05:53	10.214
224	109	PELLICCIA	ALBERTO	it	M	188	G	26	ASS.ATL.LIBERTAS ORVIETO	01:09:19	00:27:15	4.638	00:05:53	10.214
225	152	SANTINI	ROBERTO	it	M	189	H	15	PODISTICA CORCHIANO 2014	01:09:28	00:27:24	4.654	00:05:53	10.192
226	184	GIOVANNINI	LUCIANO	it	M	190	G	27	RUNCARD	01:09:31	00:27:27	4.659	00:05:54	10.185
227	94	AGABITI	CAROLINA	it	F	37	S	3	AMATORI PODISTICA TERNI	01:09:53	00:27:49	4.696	00:05:55	10.131
228	280	BALZANI	FRANCO	it	M	191	L	6	ASD ATLETICA SANTA MARINELLA	01:10:07	00:28:03	4.720	00:05:57	10.098
229	98	GENNARI	GIULIANO	it	M	192	L	7	AMATORI PODISTICA TERNI	01:10:25	00:28:21	4.750	00:05:58	10.054
230	41	FIORI	ANGELO	it	M	193	D	27	A.S.D. LIBERI PODISTI	01:10:25	00:28:21	4.750	00:05:58	10.054
231	264	PELLEGRINI	GIANNI	it	M	194	F	41	FILIPPIDE RUNNERS TEAM ASD	01:10:39	00:28:35	4.774	00:05:59	10.021
232	17	CAPPUCCINI	PATRIZIA	it	F	38	R	6	A.S.D. ATLETICA ORTE	01:10:52	00:28:48	4.795	00:06:00	9.991
233	138	DI FELICE	ANNAMARIA	it	F	39	U	2	LIBERO	01:11:31	00:29:27	4.859	00:06:04	9.900
234	291	POLLINI	AMBRA	it	F	40	Q	10	PODISTICA MYRICAIE ASS.CULT.AMB	01:11:40	00:29:36	4.873	00:06:04	9.879
235	268	CUCCHETTO	STEFANO	it	M	195	G	28	#ILOVERUN ATHLETIC TERNI	01:11:57	00:29:53	4.900	00:06:06	9.840
236	275	FAGGIANI	GIORDANO	it	M	196	I	9	ASD BOLSENA FORUM SPORT	01:12:52	00:30:48	4.987	00:06:11	9.716
237	115	SPERATI	LAURA	it	F	41	R	7	ATL. DI MARCO SPORT	01:13:49	00:31:45	5.075	00:06:15	9.591
238	228	GIANNETTI	DARIO	it	M	197	F	42	POLISPORTIVA MONTALTO	01:13:54	00:31:50	5.082	00:06:16	9.581
239	71	IUELE	FLAVIA	it	F	42	M	2	A.S.D. VILLA DE SANCTIS	01:13:57	00:31:53	5.087	00:06:16	9.574
240	206	BIANCONI	FRANCESCO	it	M	198	E	40	TERNANA MARATHON CLUB A.S.D.	01:15:01	00:32:57	5.182	00:06:21	9.438
241	25	GALIENI	SILVESTRO	it	M	199	H	16	A.S.D. ATLETICA VITA	01:15:32	00:33:28	5.228	00:06:24	9.373
242	5	DI TOMMASO	ELDA	it	F	43	U	3	A.S.D. ATLETICA VITA	01:15:32	00:33:28	5.228	00:06:24	9.373
243	146	LORENZI	VALDIMIRO	it	M	200	L	8	PODISTICA CORCHIANO 2014	01:18:23	00:36:19	5.467	00:06:39	9.033
244	136	PIEDIMONTE	VITTORIO	it	M	201	G	29	LBM SPORT TEAM	01:18:27	00:36:23	5.472	00:06:39	9.025
245	186	RUBINACE	RITA	it	F	44	R	8	RUNCARD	01:18:52	00:36:48	5.506	00:06:41	8.977



Trofeo delle 7 Contrade - 1 settembre 2019

Pos	Pett	Cog	Nome	Naz.	Sex	Pos Sex.	Cat	Pos Cat.	Società	Tempo	Distacco in tempo	Distacco in metri	Min/Km	Km/h
246	96	CAMAIANI	LUCIANO	it	M	202	H	17	AMATORI PODISTICA TERNI	01:19:06	00:37:02	5.524	00:06:42	8.951
247	162	GIOVANNETTI	MAURIZIO	it	M	203	H	18	PODISTICA SOLIDARIETA	01:19:12	00:37:08	5.532	00:06:43	8.939
248	66	BUCCINNA'	MARIA	it	F	45	O	6	A.S.D. VILLA DE SANCTIS	01:19:22	00:37:18	5.545	00:06:44	8.921
249	72	MIGLIORI	CLAUDIO	it	M	204	F	43	A.S.D. VILLA DE SANCTIS	01:19:48	00:37:44	5.579	00:06:46	8.872
250	103	TODARO	GRAZIELLA	it	F	46	S	4	AMATORI PODISTICA TERNI	01:20:52	00:38:48	5.661	00:06:51	8.755
251	124	BROGI	GIANCARLO	it	M	205	L	9	CORSA DEI SANTI	01:21:13	00:39:09	5.688	00:06:53	8.717
252	38	PATIRELIS	PANTELEIMON	it	M	206	G	30	A.S.D. GO RUNNING	01:22:06	00:40:02	5.753	00:06:58	8.624
253	251	PRASEDI	ANGELO	it	M	207	G	31	ATL. DI MARCO SPORT	01:22:09	00:40:05	5.757	00:06:58	8.618
254	157	CATTIVERA	PATRIZIA	it	F	47	S	5	PODISTICA SOLIDARIETA	01:22:51	00:40:47	5.808	00:07:01	8.546
255	48	TEMPESTA	MARIO	it	M	208	H	19	A.S.D. PIANO MA ARRIVIAMO	01:23:23	00:41:19	5.846	00:07:04	8.491
256	155	BRUZZESI	DANILO	it	M	209	I	10	PODISTICA SOLIDARIETA	01:23:35	00:41:31	5.861	00:07:05	8.471
257	254	ORSINGHER	ENZO	it	M	210	L	10	A.S.D. ATLETICA VITA	01:24:17	00:42:13	5.910	00:07:09	8.400
258	260	PROCACCI	PAOLO	it	M	211	L	11	A.S.D. ATLETICA NEPI	01:25:30	00:43:26	5.994	00:07:15	8.281
259	238	ZUCHELLA	KATIA	it	F	48	Q	11	POLISPORTIVA MONTALTO	01:27:25	00:45:21	6.121	00:07:25	8.099
260	227	FASTELLI	LORENA	it	F	49	R	9	POLISPORTIVA MONTALTO	01:28:16	00:46:12	6.176	00:07:29	8.021
261	158	CIOTTI	ALESSANDRA	it	F	50	R	10	PODISTICA SOLIDARIETA	01:28:33	00:46:29	6.194	00:07:30	7.996
262	19	CAVALLARI	MORENA	it	F	51	R	11	A.S.D. ATLETICA ORTE	01:33:29	00:51:25	6.490	00:07:55	7.574
263	224	CIPOLLONI	CARLO	it	M	212	L	12	POLISPORTIVA MONTALTO	01:33:29	00:51:25	6.490	00:07:55	7.574
264	165	NIGRO	ROBERTO	it	M	213	G	32	PODISTICA SOLIDARIETA	01:35:23	00:53:19	6.595	00:08:05	7.423
265	161	DESSI'	ROMANO	it	M	214	I	11	PODISTICA SOLIDARIETA	01:41:01	00:58:57	6.886	00:08:34	7.009
266	102	TARTAMELLI	LINA	it	F	52	U	4	AMATORI PODISTICA TERNI	01:43:32	01:01:28	7.005	00:08:46	6.838
267	135	MATEROZZOLI	PAOLO	it	M	215	L	13	LBM SPORT TEAM	01:46:57	01:04:53	7.158	00:09:04	6.620